Community Integrated Care

Super Easy Jacket Potato!

CARE TO COOK

What you will need



Leftover Salad



Potato



Cheese



Butter



Apron



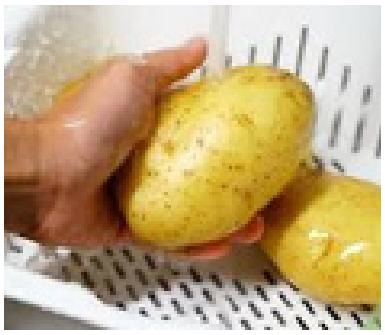
Ovenproof Gloves

Method

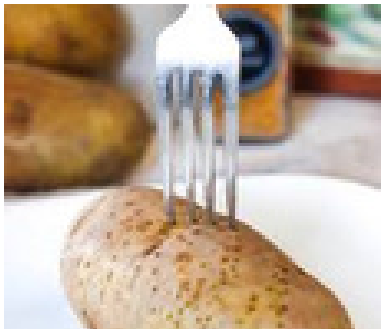
Wash your hands and put on your apron.



Wash the potato.



Poke holes in the potato with a fork.



Place the potato onto a plate and into the microwave for 5 minutes.



Carefully remove the plate from the microwave wearing ovenproof gloves.



Carefully slice a cross shape into the top of the potato with a knife o open it up.



Top it off with a dollop of butter and some grated cheese.



Serve with leftover salad or any of our other fantastic meal options.

