Community Integrated Care ®

Maggi Bag Chicken!

CARE TO COOK

What you will need



Maggi Bag Butter Chicken



4 Chicken Breasts



Handful of Green Beans



2 Chopped Carrots



Broccoli



Baking Tray



Apron

Method

Wash your hands and put on your apron.



Add the chicken breasts, green beans, carrots and broccoli to the maggi bag.



Sprinkle over the seasoning and mix well in the bag.



Place the maggi bag on a baking tray.



Place the baking tray in the oven for 45 minutes.



When cooked, serve with microwave rice, Super Easy Jacket Potato or Healthy Fries.

